

## “Safari Therapy” For Wounded Soldier

HASTINGS, Minn.- June 7, 2009 (The Langenfeld Foundation)--In 2004, U.S. Marine Lance Corporal Kyle Anderson was badly hurt, fighting terrorist insurgents in Iraq. Surgeons helped his injuries heal, but now The Langenfeld Foundation and Minnesota SCI are helping him see that...despite having disabilities...he can go anywhere and do anything he sets his mind to.

In what could be considered a form of alternative therapy, they will take Kyle Anderson on a 7-day safari to South Africa, August 11-18, 2009. There he will experience some of the best that our world has to offer. This should help fuel his love for life, and motivate him to overcome his limitations. Dr. Daniel G. Carey, PhD is an expert in Exercise Physiology and a professor at the University of St. Thomas, in St. Paul, Minnesota. Dr. Carey said, “There is a great deal of interrelatedness between a healthy mind and a healthy body. This safari trip will contribute to an enhanced quality of life for Kyle and therefore assist him in his recovery on every level.”

Accompanying Kyle on the trip as caregivers will be his father and brother, Tim and Matt Anderson. Leading the group will be Paul Scott Langenfeld, the founder and president of The Langenfeld Foundation and Humanitarian Coordinator for MN SCI. Also going with the group will be a cameraman from the TV show Minnesota Bound, with Ron Schara.

Kyle and his group will travel from Minneapolis to Johannesburg, South Africa. They will safari in Kwazulu-Natal, located in the North Eastern region, near the border with Swaziland and Mozambique. While there Kyle will view and photograph some of the most spectacular wildlife on the planet. He will eat wonderful African cuisine, experience intriguing cultures, and interact with the native peoples. He will also do some hunting of plains game animals, and would like to take a warthog or an impala—which are both excellent table fare. (Every part of all animals taken will be donated to the native villagers, for food and other uses.)

In 2003, Kyle Anderson was an 18-year old at Simley High School. He won the Minnesota State Wrestling Championship that year and after graduation, immediately went into the U.S. Marines. In Iraq, he was involved in the “Fight For Fallujah” where he saved the life of his commanding officer, when his group came under attack by the enemy.

One week later, during another fierce fire-fight, Kyle was badly hurt and doctors doubted that he would survive. But Kyle did survive, thanks to a strong heart and even stronger will. He suffered serious brain injuries; resulting in some speech, vision, and hearing loss. He also has limited movement on his right side.

Thanks to many, Lance Corporal Anderson lived to see his 24th birthday on June 9th. Kyle is now living with his family in Inver Grove Heights, Minnesota. His physical wounds have healed as much as they are going to, and he is in therapy at the Minneapolis VA Medical Center. He is learning to talk again, and regain his basic life skills. Kyle's personality is effervescent, he smiles and laughs a lot. Kyle is determined, despite his disabilities, to live life to the fullest.

The Langenfeld Foundation wholeheartedly supports Kyle's ambitions, and has therefore chosen him to participate in a 7-day African safari to South Africa. More information about the trip, and photos of Kyle, are available on the website; those who wish to donate funds for the trip may also do so on our website.

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